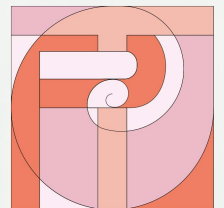


# HIGH COLLAGEN BEAUTY SHOTS

The natural solution  
**FOR YOUR HEALTH**

**SOLUGEL®** clinical satiety study



# BIOACTIVE SOLUGEL® COLLAGEN PEPTIDES

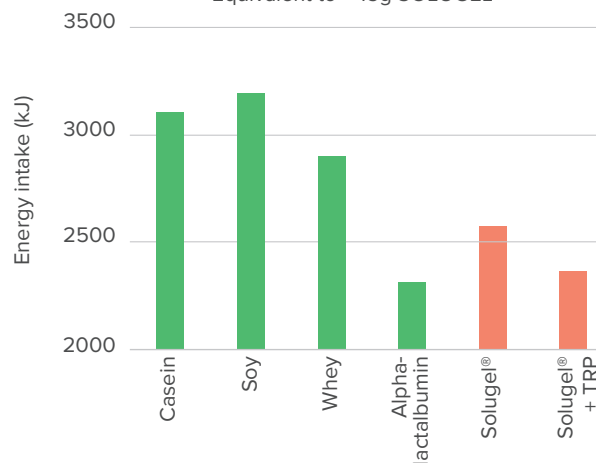
SOLUGEL® consists of high-quality collagen peptides that are obtained from natural sources. By breaking down proteins enzymatically into smaller peptides, bioactive SOLUGEL® is obtained, and this can be easily absorbed by the human body.

## SOLUGEL® provides long-lasting satiety and delays hunger

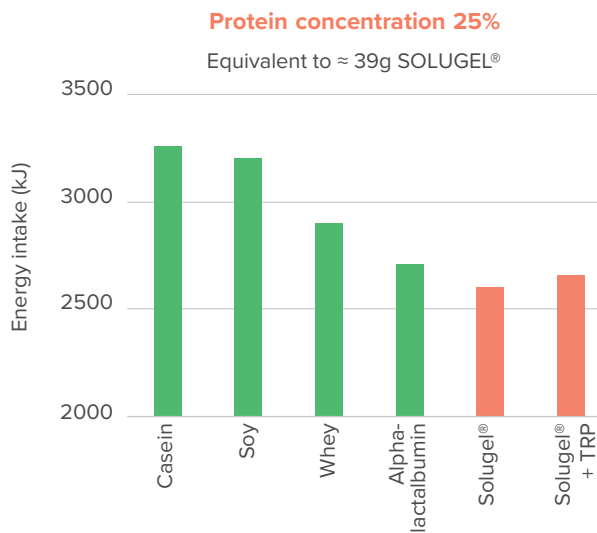
Dietary protein plays a significant role in body weight regulation, partly due to its effects on satiety. A randomized, single-blind clinical study, conducted with SOLUGEL® collagen peptides, evaluated the satiety effect of different proteins during breakfast and their impacts on the energy intake (EI) at lunch. This involved the measurement of appetite profile (Visual Analogue Scales, VAS) and EI.

### Protein concentration 10%

Equivalent to ≈ 15g SOLUGEL®



Results showed that breakfasts containing SOLUGEL® and SOLUGEL® + tryptophan (TRP) caused a significant ~20% lower energy intake at lunch compared to casein and soy breakfasts at both 10% and 25% protein concentrations. The reduced energy intake of 20% was related to a ~40% reduction in appetite.



**-20%**  
energy intake

**-40%**  
appetite

## Scientifically proven effects

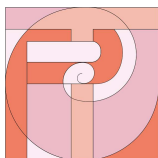
Scientific evidence proves that bioactive SOLUGEL® collagen peptides outperform other proteins by providing long-lasting satiety and delaying hunger. High Collagen Beauty Shots with SOLUGEL® is the ideal protein source to support your weight management diet.

### Recommended intake:

1-2 High Collagen Beauty Shot (10g) per day  
Promotes satiety, which can lead to  
subsequent reduced energy intake



### Contact us:



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